TOP POISON SUBSTANCES

CHILDREN UNDER 6 YRS

personal care products • pain medicines • foreign bodies
household cleaners • vitamins • topical products • plants
pesticides • stomach medicines • dietary supplements

Keep your medicines and poisons locked up tight and out of sight

What can you do?

Call 1-800-268-9017 if you or someone you know may have been poisoned or if you just want to ask a question.

Make the Ontario Poison Centre (OPC) a contact and program your home phone and mobile phone with the toll-free number.

Calling the OPC with concerns prevents unnecessary emergency department visits thereby saving time and significant health-care dollars. Tips to poison prevention are available at: www.ontariopoisoncentre.com