**DID YOU KNOW?**

**TOP 5 substances of exposures**
- Pain medicines
- Sleeping pills and anti-anxiety medicines
- Household cleaners
- Personal care products
- Antidepressants

**WHERE is treatment provided?**
- 52% Managed at Home with OPC advice
- 48% Managed in Hospital

**WHO ARE THE CALLS ABOUT?**
- 49% Adults
- 36% 0-5 yrs
- 15% 6-19 yrs

**67%**
Of calls received were related to unintentional exposures

Unintentional exposures are unplanned and are preventable

**59,002 CALLS MADE TO THE OPC**
The Ontario Poison Centre (OPC) provides expert poison advice 24 hours a day to the public and health-care providers

**54,627 CALLS related to exposure** & **4,375 CALLS requesting information**

*Facts based on 2015 calls*

**What can you do?**
Call 1-800-268-9017 if you or someone you know may have been poisoned or if you just want to ask a question. Make the Ontario Poison Centre (OPC) a contact and program your home phone and mobile phone with the toll-free number.

Calling the OPC with concerns prevents unnecessary emergency department visits thereby saving time and significant health-care dollars. Tips to poison prevention are available at: www.ontariopoisontre.com

@ON_Poison

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