

SickKids Daily News Post

National Poison Prevention Week 2025: #CheckForPoisons

Every year, **National Poison Prevention Week (March 16-22, 2025)** highlights the importance of recognizing poisoning risks and taking steps to prevent them. Poisoning is a leading cause of injury-related deaths in Canada, and many exposures involve common household items such as medications, cleaning products, cannabis, button batteries, and e-cigarettes.

This year, the Ontario Poison Centre (OPC), Parachute, and other injury prevention partners encourage everyone to #CheckForPoisons to identify potential poisons in their homes and workplaces.

Here's what you can do:

- **Store safely:** Keep medications, chemicals, and other hazardous substances locked up and out of reach of children.
- **Read labels:** Always follow instructions on medications and household products.
- **Dispose properly:** Return unused or expired medications to your pharmacy.
- **Be prepared:** Save the poison centre number in your phone: **1-844 POISON X** (or 1-800-268-9017).

OPC provides 24/7 expert advice on poisonings, offering support to both the public and healthcare professionals. If you suspect poisoning, call immediately—help is free and confidential.

Join the conversation on social media by using #CheckForPoisons and #NPPW2025 to spread awareness. Follow along for tips and resources to keep you and your family safe.

Looking for more poison prevention resources? Visit our **Linktree** (<https://linktr.ee/OntarioPoisonCentre>) for quick access to:

- **Download our contact info:** Save our number for emergencies
- **Website:** Learn more about poison prevention and resources
- **Youtube:** Watch educational videos on poisoning risks and management
- **X (Twitter):** Get real-time updates and safety tips
- **Instagram & Facebook:** Follow us for engaging poison safety content
- **Toxicology Times for Healthcare Providers:** Read expert insights on toxicology cases