



Ontario Centre
Poison Anti-Poison
Centre de l'Ontario



Home Medication Administration Record

This chart can help you keep track of medication doses and timing. Keep it on the fridge or in a visible spot so everyone is on the same page!

| Medication Name | Medication Strength (mg/mL) | Date Given | Time Given | How much | By whom | Dosing Interval |
|-----------------------------|-----------------------------|------------|------------|----------|---------|---|
| Example: Children's Tylenol | 160mg/5mL | Feb 20 | 11:30am | 1.5mL | Dad | repeat every 4 hours while symptoms last, and do not exceed more than 5 times in 24 hours |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

For more details on safe use of acetaminophen and ibuprofen visit:
<https://www.aboutkidshealth.ca/how-to-give-acetaminophen-and-ibuprofen-for-fever>

If you suspect a poisoning,
call us at **1-844-POISON-X** or **1-844-764-7669**