Regulated
- Comes from an authorized government seller.
- Maximum 10 milligrams of THC per package of edible cannabis. THC is what causes the “high” effect.
- Ingredient label is accurate.
- Has strict packaging and labelling rules to reduce appeal to children.
- Goes through strict testing and cleanliness checks.

Unregulated
- Comes from other sources.
- Possibly hundreds of milligrams of THC per package of edible cannabis.
- Ingredient label may not be accurate.
- Packaging can look like popular brands of candy.
- May be tainted with harmful chemicals or bacteria.

Regulated vs Unregulated Cannabis

What’s the difference?

Always buy your cannabis products from an authorized government seller.

Store in a locked container, and separate from regular food and drinks.

If a child ingests ANY cannabis product, take them to the nearest emergency department.

For more information call Ontario Poison Centre at 1-800-268-9017 or visit ontariopoisoncentre.ca