Ontario Poison Centre | Centre Anti-Poison de l'Ontario

Home Medication Administration Record

This chart can help you keep track of medication doses and timing. Keep it on the fridge or in a visible spot so everyone is on the same page!

Medication Name	Medication Strength (mg/mL)	Date Given	Time Given	How much	By whom	Dosing Interval
Example: Children's Tylenol	160mg/5mL	Feb 20	11:30am	1.5mL	Dad	Repeat every 4 hours while symptoms last, and do not exceed more than 5 times in 24 hours

For more details on safe use of acetaminophen and ibuprofen visit: https://www.aboutkidshealth.ca/how-to-give-acetaminophen-and-ibuprofen-for-fever

If you suspect a poisoning, call us at 1-800-268-9017